

	<b>Beginning-1</b> 0%-30%	<b>Developing-2</b> 30%-60%	<b>Intermediate-3</b> 60%-85%	<b>Advanced-4</b> 85%-100%	<b>Score</b>
<b>Defense</b>					
<b>Forearm Passing</b>	-Rarely calls ball -Weight on heels/backward -Arms bent before passing -moves with platform together -Stands up while passing -Off balanced -inconsistent contact -weak platform -accuracy & consistent height= 0%-30%	-Sometimes calls ball -weight usually on heels/backwards -sometimes bends arms before passing -sometimes moves with arms apart -sometimes in low/ready position -accuracy & consistent height= 30%-60%	-calls ball majority of time -weight usually on balls of feet/forward -arms usually straight before pass -usually moves with arms apart -usually in a low/ready position -accuracy & consistent height=60%-85%	-always calls ball -platform freezes to target -weight on balls of feet/forward -arms straight before pass -moves with arms apart -always in a low/ready position -accuracy & consistent height=85%-100%	
<b>Setting as a pass</b>	-Rarely calls ball -rarely freezes to target -rarely plays ball on forehead -weight on heels/backward -accuracy & consistent height= 0%-30%	-sometimes calls ball -sometimes freezes to target -sometimes plays ball on forehead -sometimes has staggered feet with weight forward -accuracy & consistent height= 30%-60%	-calls ball majority of time -usually freezes to target -usually plays ball on forehead -usually has staggered feet with weight forward -accuracy & consistent height=60%-85%	-always calls ball -always freezes to target -plays ball on forehead -staggered feet with weight forward -accuracy & consistent height=85%-100%	
<b>Blocking</b>	-lines up in "set" spot -rarely looks at hitter -rarely tracks ball -rarely presses over net -rarely takes away area -touches the net	-sometimes lines up with hitter -sometimes looks at hitter -sometimes tracks ball -sometimes presses over net -sometimes takes away area -sometimes touches the net	-lines up on hitter's arm -successfully reads hitter -tracks ball and times jump -presses over net -takes away hitting area -Stays out of net	-lines up on hitter's arm -successfully reads hitter -tracks ball and times jump accurately -presses over net -takes away hitting area -Stays out of net	
<b>Digging</b>	-rarely low/ready -always caught off guard -usually afraid of ball -rarely in assigned spot -cannot read/predict opponent -does not dive when necessary -rarely plays ball in a controlled manner -rarely keeps shoulders facing the court -accuracy & consistency= 0%-30%	-sometimes low/ready -usually caught "off guard" is sometimes afraid of ball -sometimes in assigned spot -rarely reads/predicts opponents -sometimes dives when necessary -sometimes plays ball in a controlled manner -sometimes keeps shoulders facing court -accuracy & consistency= 30%-60%	-usually low/ready -sometimes caught "off guard" -is rarely afraid of ball -Is usually in assigned spot -sometimes reads/predicts opponent -usually dives when needed -usually plays ball in a controlled manner -usually keeps shoulders facing court -accuracy & consistent height=60%-85%	-always stays low/ready -never caught "off guard" -is never afraid of ball -is in assigned spot -usually reads/predicts opponent -always dives when needed -always plays ball in a controlled manner -keeps shoulders facing court -accuracy & consistent height=85%-100%	
<b>Knowledge</b>	-learning position responsibilities & inconsistently performs them	-knows position responsibilities & consistently performs them	-knows & consistently performs position responsibilities -Is learning responsibilities of other positions	-knows & consistently performs position responsibilities -Knows responsibilities of other positions	

## Offense

Serving	<ul style="list-style-type: none"> <li>-rarely focuses on serve</li> <li>-rarely has elbow above shoulder</li> <li>-rarely has a perfect toss</li> <li>-rarely makes solid contact on ball in front of head</li> <li>-rarely freezes to target</li> <li>-rarely serves over net in court with accuracy &amp; consistent height= 0%-30%</li> </ul>	<ul style="list-style-type: none"> <li>-sometimes focuses on serve</li> <li>-elbow is sometimes above shoulder</li> <li>-sometimes has a perfect toss</li> <li>-sometimes makes solid contact on ball in front of head</li> <li>-sometimes freezes to target</li> <li>-sometimes serves over net in court with accuracy &amp; consistent height= 30%-60%</li> </ul>	<ul style="list-style-type: none"> <li>-usually takes time to focus on serve</li> <li>-elbow is usually above shoulder</li> <li>-usually has a perfect toss</li> <li>-usually makes solid contact on ball in front of head</li> <li>-usually freezes to target</li> <li>-usually serves over net in court with accuracy &amp; consistent height=60%-85%</li> </ul>	<ul style="list-style-type: none"> <li>-always takes time to focus on serve</li> <li>-elbow always above shoulder</li> <li>-always a perfect toss</li> <li>-always makes solid contact on ball in front of head</li> <li>-always freezes to target</li> <li>-serves over net in court with accuracy &amp; consistent height=85%-100%</li> </ul>	
Hitting	<ul style="list-style-type: none"> <li>-focuses on footwork with every approach</li> <li>-rarely contacts ball in front of head</li> <li>-rarely times/lines up body on ball</li> <li>-rarely makes solid contact with ball</li> <li>-rarely places ball in the court on purpose</li> <li>-does not know "smart play"</li> <li>-rarely lands balanced after hitting</li> </ul>	<ul style="list-style-type: none"> <li>-sometimes approaches correctly</li> <li>-does not contact ball in front of head</li> <li>-sometimes times/lines up body on ball</li> <li>-sometimes makes solid contact with ball</li> <li>-sometimes places the ball in the court on purpose</li> <li>-rarely makes smart play</li> <li>-sometimes lands balanced after hitting</li> </ul>	<ul style="list-style-type: none"> <li>-usually approaches correctly</li> <li>-usually contacts ball in front of head</li> <li>-usually times/lines up body on ball</li> <li>-usually makes solid contact with ball</li> <li>-usually places ball in the court on purpose</li> <li>-sometimes makes smart play</li> <li>-Usually lands balanced after hitting</li> </ul>	<ul style="list-style-type: none"> <li>-always approaches correctly</li> <li>-always contacts ball in front of head</li> <li>-always times/lines up body on ball correctly</li> <li>-consistently makes solid contact with ball</li> <li>-consistently places ball in the court on purpose</li> <li>-makes the "smart" play</li> <li>-always lands balanced after hitting</li> </ul>	
Knowledge	<ul style="list-style-type: none"> <li>-learning position responsibilities &amp; inconsistently performs them</li> </ul>	<ul style="list-style-type: none"> <li>-knows position responsibilities &amp; consistently performs them</li> </ul>	<ul style="list-style-type: none"> <li>-knows &amp; performs position responsibilities</li> <li>-Is learning responsibilities of other positions</li> </ul>	<ul style="list-style-type: none"> <li>-knows &amp; performs position responsibilities</li> <li>-Knows responsibilities of other positions</li> </ul>	
<b>Athleticism</b>					
Movement	<ul style="list-style-type: none"> <li>-very stiff and jerky movements while playing ball</li> <li>-stands around a lot</li> <li>-does not easily transition from one skill to the next</li> </ul>	<ul style="list-style-type: none"> <li>-somewhat smooth movements while playing ball</li> <li>-sometimes stands around</li> <li>-inconsistently transitions from one skill to the next</li> </ul>	<ul style="list-style-type: none"> <li>-smoothly plays majority of balls</li> <li>-rarely stands around</li> <li>-rarely caught off guard while transitioning from one skill to the next</li> </ul>	<ul style="list-style-type: none"> <li>-easily plays every ball</li> <li>-always participating on the court</li> <li>-never stands around</li> <li>-transitions easily from one skill to the next</li> </ul>	
Vertical	<ul style="list-style-type: none"> <li>Standing 0-12"</li> <li>Approach 0-15"</li> </ul>	<ul style="list-style-type: none"> <li>Standing 12"-18"</li> <li>Approach 15"-21"</li> </ul>	<ul style="list-style-type: none"> <li>Standing 18"-24"</li> <li>Approach 21"-27"</li> </ul>	<ul style="list-style-type: none"> <li>Standing 24"+</li> <li>Approach 27"+</li> </ul>	

Attitude					
Team Work	-often argues with teammates -often blames teammates for errors -Does not take responsibility for their errors -only concerned about their success	-sometimes argues with teammates -sometimes blames teammates for errors -sometimes takes responsibility for their errors -sometimes concerned about team's success	-often encourages teammates -often stays positive -often takes responsibility for their errors -often focused on team's success	-always encourages teammates -stays positive no matter the situation -always takes responsibility for their errors -always focused on team's success	
Sportsmanship	-is often a sore loser/winner -often makes negative comments about opponent/team -often argues with opponent/team -is often dishonest -often has a negative attitude	--sometimes is a sore loser/winner -sometimes makes negative comments about opponent/team -sometimes argues with opponent/team -is sometimes dishonest -sometimes has a negative attitude	-usually wins/loses with class -usually ignores opponent's comments -usually honest about plays & encourages teammates to do the same -usually has a positive attitude toward team & opponent	-always wins/loses with class -ignores opponent's comments -always honest about plays and encourages teammates to do the same -has a positive attitude toward team & opponent	
Effort	-puts in very little effort	-sometimes puts forth effort	-usually puts forth effort	-always puts forth effort	
Communication	-rarely calls ball, calls the set they want, calls teammates on ball, calls "free"	-sometimes calls ball, calls the set they want, calls teammates on ball, calls "free" or "down"	-usually calls ball, calls the set they want, calls teammates on ball, calls "free", "down", identifies opponent's hitters	-always calls ball, calls the set they want, calls teammates on ball, calls "free", "down", identifies opponent's hitters, & anything else they see happening on the court	
Coachability	-rarely listens to coach -usually argues with coach -always makes excuses -rarely asks for clarification	-sometimes listens to coach -often argues with coach -usually makes excuses -sometimes asks for clarification	-usually listens to coach -rarely argues with coach -sometimes makes excuses -usually asks for clarification	-always listens to coach -never argues with coach -never makes excuses -always asks for clarification	

Defense	Offense	Athleticism	Attitude	Total
/4.0	/4.0	/4.0	/4.0	/4.0