

	Beginning-1 0%-30%	Developing-2 30%-60%	Intermediate-3 60%-85%	Advanced-4 85%-100%	Score
Defense					
Forearm Passing	-Rarely calls ball -Weight on heels/backward -Arms bent before passing -moves with platform together -Stands up while passing -Off balanced -inconsistent contact -weak platform -accuracy & consistent height= 0%-30%	-Sometimes calls ball -weight usually on heels/backwards -sometimes bends arms before passing -sometimes moves with arms apart -sometimes in low/ready position -accuracy & consistent height= 30%-60%	-calls ball majority of time -weight usually on balls of feet/forward -arms usually straight before pass -usually moves with arms apart -usually in a low/ready position -accuracy & consistent height=60%-85%	-always calls ball -platform freezes to target -weight on balls of feet/forward -arms straight before pass -moves with arms apart -always in a low/ready position -accuracy & consistent height=85%-100%	
Setting as a pass	-Rarely calls ball -rarely freezes to target -rarely plays ball on forehead -weight on heels/backward -accuracy & consistent height= 0%-30%	-sometimes calls ball -sometimes freezes to target -sometimes plays ball on forehead -sometimes has staggered feet with weight forward -accuracy & consistent height= 30%-60%	-calls ball majority of time -usually freezes to target -usually plays ball on forehead -usually has staggered feet with weight forward -accuracy & consistent height=60%-85%	-always calls ball -always freezes to target -plays ball on forehead -staggered feet with weight forward -accuracy & consistent height=85%-100%	
Blocking	-lines up in "set" spot -rarely looks at hitter -rarely tracks ball -rarely presses over net -rarely takes away area -touches the net	-sometimes lines up with hitter -sometimes looks at hitter -sometimes tracks ball -sometimes presses over net -sometimes takes away area -sometimes touches the net	-lines up on hitter's arm -successfully reads hitter -tracks ball and times jump -presses over net -takes away hitting area -Stays out of net	-lines up on hitter's arm -successfully reads hitter -tracks ball and times jump accurately -presses over net -takes away hitting area -Stays out of net	
Digging	-rarely low/ready -always caught off guard -usually afraid of ball -rarely in assigned spot -cannot read/predict opponent -does not dive when necessary -rarely plays ball in a controlled manner -rarely keeps shoulders facing the court -accuracy & consistency= 0%-30%	-sometimes low/ready -usually caught "off guard" is sometimes afraid of ball -sometimes in assigned spot -rarely reads/predicts opponents -sometimes dives when necessary -sometimes plays ball in a controlled manner -sometimes keeps shoulders facing court -accuracy & consistency= 30%-60%	-usually low/ready -sometimes caught "off guard" -is rarely afraid of ball -Is usually in assigned spot -sometimes reads/predicts opponent -usually dives when needed -usually plays ball in a controlled manner -usually keeps shoulders facing court -accuracy & consistent height=60%-85%	-always stays low/ready -never caught "off guard" -is never afraid of ball -is in assigned spot -usually reads/predicts opponent -always dives when needed -always plays ball in a controlled manner -keeps shoulders facing court -accuracy & consistent height=85%-100%	
Knowledge	-learning position responsibilities & inconsistently performs them	-knows position responsibilities & consistently performs them	-knows & consistently performs position responsibilities -Is learning responsibilities of other positions	-knows & consistently performs position responsibilities -Knows responsibilities of other positions	

Offense

Serving	<ul style="list-style-type: none"> -rarely focuses on serve -rarely has elbow above shoulder -rarely has a perfect toss -rarely makes solid contact on ball in front of head -rarely freezes to target -rarely serves over net in court with accuracy & consistent height= 0%-30% 	<ul style="list-style-type: none"> -sometimes focuses on serve -elbow is sometimes above shoulder -sometimes has a perfect toss -sometimes makes solid contact on ball in front of head -sometimes freezes to target -sometimes serves over net in court with accuracy & consistent height= 30%-60% 	<ul style="list-style-type: none"> -usually takes time to focus on serve -elbow is usually above shoulder -usually has a perfect toss -usually makes solid contact on ball in front of head -usually freezes to target -usually serves over net in court with accuracy & consistent height=60%-85% 	<ul style="list-style-type: none"> -always takes time to focus on serve -elbow always above shoulder -always a perfect toss -always makes solid contact on ball in front of head -always freezes to target -serves over net in court with accuracy & consistent height=85%-100% 	
Hitting	<ul style="list-style-type: none"> -focuses on footwork with every approach -rarely contacts ball in front of head -rarely times/lines up body on ball -rarely makes solid contact with ball -rarely places ball in the court on purpose -does not know "smart play" -rarely lands balanced after hitting 	<ul style="list-style-type: none"> -sometimes approaches correctly -does not contact ball in front of head -sometimes times/lines up body on ball -sometimes makes solid contact with ball -sometimes places the ball in the court on purpose -rarely makes smart play -sometimes lands balanced after hitting 	<ul style="list-style-type: none"> -usually approaches correctly -usually contacts ball in front of head -usually times/lines up body on ball -usually makes solid contact with ball -usually places ball in the court on purpose -sometimes makes smart play -Usually lands balanced after hitting 	<ul style="list-style-type: none"> -always approaches correctly -always contacts ball in front of head -always times/lines up body on ball correctly -consistently makes solid contact with ball -consistently places ball in the court on purpose -makes the "smart" play -always lands balanced after hitting 	
Knowledge	<ul style="list-style-type: none"> -learning position responsibilities & inconsistently performs them 	<ul style="list-style-type: none"> -knows position responsibilities & consistently performs them 	<ul style="list-style-type: none"> -knows & performs position responsibilities -Is learning responsibilities of other positions 	<ul style="list-style-type: none"> -knows & performs position responsibilities -Knows responsibilities of other positions 	
Athleticism					
Movement	<ul style="list-style-type: none"> -very stiff and jerky movements while playing ball -stands around a lot -does not easily transition from one skill to the next 	<ul style="list-style-type: none"> -somewhat smooth movements while playing ball -sometimes stands around -inconsistently transitions from one skill to the next 	<ul style="list-style-type: none"> -smoothly plays majority of balls -rarely stands around -rarely caught off guard while transitioning from one skill to the next 	<ul style="list-style-type: none"> -easily plays every ball -always participating on the court -never stands around -transitions easily from one skill to the next 	
Vertical	<ul style="list-style-type: none"> Standing 0-12" Approach 0-15" 	<ul style="list-style-type: none"> Standing 12"-18" Approach 15"-21" 	<ul style="list-style-type: none"> Standing 18"-24" Approach 21"-27" 	<ul style="list-style-type: none"> Standing 24"+ Approach 27"+ 	

Attitude					
Team Work	<ul style="list-style-type: none"> -often argues with teammates -often blames teammates for errors -Does not take responsibility for their errors -only concerned about their success 	<ul style="list-style-type: none"> -sometimes argues with teammates -sometimes blames teammates for errors -sometimes takes responsibility for their errors -sometimes concerned about team's success 	<ul style="list-style-type: none"> -often encourages teammates -often stays positive -often takes responsibility for their errors -often focused on team's success 	<ul style="list-style-type: none"> -always encourages teammates -stays positive no matter the situation -always takes responsibility for their errors -always focused on team's success 	
Sportsmanship	<ul style="list-style-type: none"> -is often a sore loser/winner -often makes negative comments about opponent/team -often argues with opponent/team -is often dishonest -often has a negative attitude 	<ul style="list-style-type: none"> --sometimes is a sore loser/winner -sometimes makes negative comments about opponent/team -sometimes argues with opponent/team -is sometimes dishonest -sometimes has a negative attitude 	<ul style="list-style-type: none"> -usually wins/loses with class -usually ignores opponent's comments -usually honest about plays & encourages teammates to do the same -usually has a positive attitude toward team & opponent 	<ul style="list-style-type: none"> -always wins/loses with class -ignores opponent's comments -always honest about plays and encourages teammates to do the same -has a positive attitude toward team & opponent 	
Effort	<ul style="list-style-type: none"> -puts in very little effort 	<ul style="list-style-type: none"> -sometimes puts forth effort 	<ul style="list-style-type: none"> -usually puts forth effort 	<ul style="list-style-type: none"> -always puts forth effort 	
Communication	<ul style="list-style-type: none"> -rarely calls ball, calls the set they want, calls teammates on ball, calls "free" 	<ul style="list-style-type: none"> -sometimes calls ball, calls the set they want, calls teammates on ball, calls "free" or "down" 	<ul style="list-style-type: none"> -usually calls ball, calls the set they want, calls teammates on ball, calls "free", "down", identifies opponent's hitters 	<ul style="list-style-type: none"> -always calls ball, calls the set they want, calls teammates on ball, calls "free", "down", identifies opponent's hitters, & anything else they see happening on the court 	
Coachability	<ul style="list-style-type: none"> -rarely listens to coach -usually argues with coach -always makes excuses -rarely asks for clarification 	<ul style="list-style-type: none"> -sometimes listens to coach -often argues with coach -usually makes excuses -sometimes asks for clarification 	<ul style="list-style-type: none"> -usually listens to coach -rarely argues with coach -sometimes makes excuses -usually asks for clarification 	<ul style="list-style-type: none"> -always listens to coach -never argues with coach -never makes excuses -always asks for clarification 	

Defense	Offense	Athleticism	Attitude	Total
/4.0	/4.0	/4.0	/4.0	/4.0