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|  | **Beginning-1**0%-30% | **Developing-2**30%-60% | **Intermediate-3**60%-85% | **Advanced-4**85%-100% | **Score** |
| **Defense** | **rarely** | **sometimes** | **usually** | **consistently** |
| Forearm Passing | -low/ready position-weight on balls of feet/forward & staggered-moves with arms apart-calls ball loudly-plays ball in an appropriate way (run-through, -arms straight before pass-platform freezes to target-finishes balanced & ready**-accuracy & consistent height= 0%-30%** | -low/ready position-weight on balls of feet/forward & staggered-moves with arms apart-calls ball loudly-plays ball in an appropriate way-arms straight before pass-platform freezes to target-finishes balanced & ready**-accuracy & consistent height= 30%-60%** | -low/ready position-weight on balls of feet/forward & staggered-moves with arms apart-calls ball loudly-plays ball in an appropriate way-arms straight before pass-platform freezes to target-finishes balanced & ready**-accuracy & consistent height=60%-85%** | -low/ready position-weight on balls of feet/forward & staggered-moves with arms apart-calls ball loudly-plays ball in an appropriate way-arms straight before pass-platform freezes to target-finishes balanced & ready**-accuracy & consistent height=85%-100%** |  |
| Setting as a pass | -weight on balls of feet/forward & staggered -plays ball on forehead-calls ball loudly-freezes to target**-accuracy & consistent height= 0%-30%** | -weight on balls of feet/forward & staggered -plays ball on forehead-calls ball loudly-freezes to target**-accuracy & consistent height= 30%-60%** | -weight on balls of feet/forward & staggered -plays ball on forehead-calls ball loudly-freezes to target**-accuracy & consistent height=60%-85%** | -weight on balls of feet/forward & staggered -plays ball on forehead-calls ball loudly-freezes to target**-accuracy & consistent height=85%-100%** |  |
| Blocking | -lines up on hitter’s arm-successfully reads hitter-tracks ball and times jump accurately-presses over net -takes away hitting area-Stays out of net | -lines up on hitter’s arm-successfully reads hitter-tracks ball and times jump accurately-presses over net -takes away hitting area-Stays out of net | -lines up on hitter’s arm-successfully reads hitter-tracks ball and times jump accurately-presses over net -takes away hitting area-Stays out of net | -lines up on hitter’s arm-successfully reads hitter-tracks ball and times jump accurately-presses over net -takes away hitting area-Stays out of net |  |
| Digging | -stays low/ready-never caught “off guard”-not afraid of ball-is in assigned spot-reads/predicts opponent-dives when needed-plays ball in a controlled manner-keeps shoulders facing court**-accuracy & consistency= 0%-30%** | -stays low/ready-never caught “off guard”-not afraid of ball-is in assigned spot-reads/predicts opponent-dives when needed-plays ball in a controlled manner-keeps shoulders facing court**-accuracy & consistency= 30%-60%** | -stays low/ready-never caught “off guard”-not afraid of ball-is in assigned spot-reads/predicts opponent-dives when needed-plays ball in a controlled manner-keeps shoulders facing court**-accuracy & consistent height=60%-85%** | -stays low/ready-never caught “off guard”-not afraid of ball-is in assigned spot-reads/predicts opponent-dives when needed-plays ball in a controlled manner-keeps shoulders facing court**-accuracy & consistent height=85%-100%** |  |
| Knowledge | -learning position responsibilities & inconsistently performs them | -knows position responsibilities & consistently performs them | -knows & consistently performs position responsibilities-Is learning responsibilities of other positions | -knows & consistently performs position responsibilities-Knows responsibilities of other positions |  |
|  **Offense** | **rarely** | **sometimes** | **usually** | **consistently** |
| Serving | -takes time to focus on serve-elbow above shoulder-perfect toss-makes solid contact on ball in front of head-freezes to target **-serves over net in court with accuracy & consistent height= 0%-30%** | -takes time to focus on serve-elbow above shoulder-perfect toss-makes solid contact on ball in front of head-freezes to target **-serves over net in court with accuracy & consistent height= 30%-60%** | -takes time to focus on serve-elbow above shoulder-perfect toss-makes solid contact on ball in front of head-freezes to target **- serves over net in court with accuracy & consistent height=60%-85%** | -takes time to focus on serve-elbow above shoulder-perfect toss-makes solid contact on ball in front of head-freezes to target**-serves over net in court with accuracy & consistent height=85%-100%** |  |
| Hitting | -approaches correctly -contacts ball in front of head-times/lines up body on ball correctly-makes solid contact with ball-accurately places ball -makes the “smart” play-lands balanced and off net-stays out of net | -approaches correctly -contacts ball in front of head-times/lines up body on ball correctly-makes solid contact with ball-accurately places ball -makes the “smart” play-lands balanced and off net-stays out of net | -approaches correctly -contacts ball in front of head-times/lines up body on ball correctly-makes solid contact with ball-accurately places ball -makes the “smart” play-lands balanced and off net-stays out of net | -approaches correctly -contacts ball in front of head-times/lines up body on ball correctly-makes solid contact with ball-accurately places ball -makes the “smart” play-lands balanced and off net-stays out of net |  |
| Knowledge | -learning position responsibilities & inconsistently performs them | -knows position responsibilities & consistently performs them | -knows & performs position responsibilities-Is learning responsibilities of other positions | -knows & performs position responsibilities-Knows responsibilities of other positions |  |
| **Athleticism** |  |  |  |  |  |
| Movement | **rarely**-plays every ball easily-participates on the court-performs all tasks-transitions easily from one skill to the next | **sometimes**-plays every ball easily-participates on the court-performs all tasks-transitions easily from one skill to the next | **usually**-plays every ball easily-participates on the court-performs all tasks-transitions easily from one skill to the next | **consistently**-plays every ball easily-participates on the court-performs all tasks-transitions easily from one skill to the next |  |
| Vertical | Standing 0-4” Approach 0-6” | Standing 5”-8” Approach 7”-12” | Standing 9”-12” Approach 13”-18” | Standing 13”+ Approach 19”+ |  |
| **Attitude** |  |  |  |  |  |
| Team Work | -often argues with teammates-often blames teammates for errors-Does not take responsibility for their errors-only concerned about their success | -sometimes argues with teammates-sometimes blames teammates for errors-sometimes takes responsibility for their errors-sometimes concerned about team’s success | -often encourages teammates-often stays positive-often takes responsibility for their errors-often focused on team’s success | -always encourages teammates-stays positive no matter the situation-always takes responsibility for their errors-always focused on team’s success |  |
| Sports-manship | -is often a sore loser/winner-often makes negative comments about opponent/team-often argues with opponent/team-is often dishonest-often has a negative attitude | --sometimes is a sore loser/winner-sometimes makes negative comments about opponent/team-sometimes argues with opponent/team-is sometimes dishonest-sometimes has a negative attitude | -usually wins/loses with class-usually ignores opponent’s comments-usually honest about plays & encourages teammates to do the same-usually has a positive attitude toward team & opponent | -always wins/loses with class-ignores opponent’s comments-always honest about plays and encourages teammates to do the same-has a positive attitude toward team & opponent |  |
| Effort | -puts in very little effort | -sometimes puts forth effort | -usually puts forth effort | -always puts forth effort |  |
| Communi-cation | -rarely calls ball, calls the set they want, calls teammates on ball, calls “free” | -sometimes calls ball, calls the set they want, calls teammates on ball, calls “free” or “down” | -usually calls ball, calls the set they want, calls teammates on ball, calls “free”, “down”, identifies opponent’s hitters | -always calls ball, calls the set they want, calls teammates on ball, calls “free”, “down”, identifies opponent’s hitters, & anything else they see happening on the court |  |
| Coach-ability | -rarely listens to coach-usually argues with coach-always makes excuses-rarely asks for clarification | -sometimes listens to coach-often argues with coach-usually makes excuses-sometimes asks for clarification | -usually listens to coach-rarely argues with coach-sometimes makes excuses-usually asks for clarification | -always listens to coach-never argues with coach-never makes excuses-always asks for clarification |  |

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| Defense | Offense | Athleticism | Attitude | Total |
|  /4.0 |  /4.0 |  /4.0 |  /4.0 |  /4.0 |