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|  | **Beginning-1**  0%-30% | **Developing-2**  30%-60% | **Intermediate-3**  60%-85% | **Advanced-4**  85%-100% | **Score** |
| **Defense** | **rarely** | **sometimes** | **usually** | **consistently** | |
| Forearm Passing | -low/ready position  -weight on balls of feet/forward & staggered  -moves with arms apart  -calls ball loudly  -plays ball in an appropriate way (run-through,  -arms straight before pass  -platform freezes to target  -finishes balanced & ready  **-accuracy & consistent height= 0%-30%** | -low/ready position  -weight on balls of feet/forward & staggered  -moves with arms apart  -calls ball loudly  -plays ball in an appropriate way  -arms straight before pass  -platform freezes to target  -finishes balanced & ready  **-accuracy & consistent height= 30%-60%** | -low/ready position  -weight on balls of feet/forward & staggered  -moves with arms apart  -calls ball loudly  -plays ball in an appropriate way  -arms straight before pass  -platform freezes to target  -finishes balanced & ready  **-accuracy & consistent height=60%-85%** | -low/ready position  -weight on balls of feet/forward & staggered  -moves with arms apart  -calls ball loudly  -plays ball in an appropriate way  -arms straight before pass  -platform freezes to target  -finishes balanced & ready  **-accuracy & consistent height=85%-100%** |  |
| Setting as a pass | -weight on balls of feet/forward & staggered  -plays ball on forehead  -calls ball loudly  -freezes to target  **-accuracy & consistent height= 0%-30%** | -weight on balls of feet/forward & staggered  -plays ball on forehead  -calls ball loudly  -freezes to target  **-accuracy & consistent height= 30%-60%** | -weight on balls of feet/forward & staggered  -plays ball on forehead  -calls ball loudly  -freezes to target  **-accuracy & consistent height=60%-85%** | -weight on balls of feet/forward & staggered  -plays ball on forehead  -calls ball loudly  -freezes to target  **-accuracy & consistent height=85%-100%** |  |
| Blocking | -lines up on hitter’s arm  -successfully reads hitter  -tracks ball and times jump accurately  -presses over net  -takes away hitting area  -Stays out of net | -lines up on hitter’s arm  -successfully reads hitter  -tracks ball and times jump accurately  -presses over net  -takes away hitting area  -Stays out of net | -lines up on hitter’s arm  -successfully reads hitter  -tracks ball and times jump accurately  -presses over net  -takes away hitting area  -Stays out of net | -lines up on hitter’s arm  -successfully reads hitter  -tracks ball and times jump accurately  -presses over net  -takes away hitting area  -Stays out of net |  |
| Digging | -stays low/ready  -never caught “off guard”  -not afraid of ball  -is in assigned spot  -reads/predicts opponent  -dives when needed  -plays ball in a controlled manner  -keeps shoulders facing court  **-accuracy & consistency= 0%-30%** | -stays low/ready  -never caught “off guard”  -not afraid of ball  -is in assigned spot  -reads/predicts opponent  -dives when needed  -plays ball in a controlled manner  -keeps shoulders facing court  **-accuracy & consistency= 30%-60%** | -stays low/ready  -never caught “off guard”  -not afraid of ball  -is in assigned spot  -reads/predicts opponent  -dives when needed  -plays ball in a controlled manner  -keeps shoulders facing court  **-accuracy & consistent height=60%-85%** | -stays low/ready  -never caught “off guard”  -not afraid of ball  -is in assigned spot  -reads/predicts opponent  -dives when needed  -plays ball in a controlled manner  -keeps shoulders facing court  **-accuracy & consistent height=85%-100%** |  |
| Knowledge | -learning position responsibilities & inconsistently performs them | -knows position responsibilities & consistently performs them | -knows & consistently performs position responsibilities  -Is learning responsibilities of other positions | -knows & consistently performs position responsibilities  -Knows responsibilities of other positions |  |
| **Offense** | **rarely** | **sometimes** | **usually** | **consistently** | |
| Serving | -takes time to focus on serve  -elbow above shoulder  -perfect toss  -makes solid contact on ball in front of head  -freezes to target  **-serves over net in court with accuracy & consistent height= 0%-30%** | -takes time to focus on serve  -elbow above shoulder  -perfect toss  -makes solid contact on ball in front of head  -freezes to target  **-serves over net in court with accuracy & consistent height= 30%-60%** | -takes time to focus on serve  -elbow above shoulder  -perfect toss  -makes solid contact on ball in front of head  -freezes to target  **- serves over net in court with accuracy & consistent height=60%-85%** | -takes time to focus on serve  -elbow above shoulder  -perfect toss  -makes solid contact on ball in front of head  -freezes to target  **-serves over net in court with accuracy & consistent height=85%-100%** |  |
| Hitting | -approaches correctly  -contacts ball in front of head  -times/lines up body on ball correctly  -makes solid contact with ball  -accurately places ball  -makes the “smart” play  -lands balanced and off net  -stays out of net | -approaches correctly  -contacts ball in front of head  -times/lines up body on ball correctly  -makes solid contact with ball  -accurately places ball  -makes the “smart” play  -lands balanced and off net  -stays out of net | -approaches correctly  -contacts ball in front of head  -times/lines up body on ball correctly  -makes solid contact with ball  -accurately places ball  -makes the “smart” play  -lands balanced and off net  -stays out of net | -approaches correctly  -contacts ball in front of head  -times/lines up body on ball correctly  -makes solid contact with ball  -accurately places ball  -makes the “smart” play  -lands balanced and off net  -stays out of net |  |
| Knowledge | -learning position responsibilities & inconsistently performs them | -knows position responsibilities & consistently performs them | -knows & performs position responsibilities  -Is learning responsibilities of other positions | -knows & performs position responsibilities  -Knows responsibilities of other positions |  |
| **Athleticism** |  |  |  |  |  |
| Movement | **rarely**  -plays every ball easily  -participates on the court  -performs all tasks  -transitions easily from one skill to the next | **sometimes**  -plays every ball easily  -participates on the court  -performs all tasks  -transitions easily from one skill to the next | **usually**  -plays every ball easily  -participates on the court  -performs all tasks  -transitions easily from one skill to the next | **consistently**  -plays every ball easily  -participates on the court  -performs all tasks  -transitions easily from one skill to the next |  |
| Vertical | Standing 0-4”  Approach 0-6” | Standing 5”-8”  Approach 7”-12” | Standing 9”-12”  Approach 13”-18” | Standing 13”+  Approach 19”+ |  |
| **Attitude** |  |  |  |  |  |
| Team Work | -often argues with teammates  -often blames teammates for errors  -Does not take responsibility for their errors  -only concerned about their success | -sometimes argues with teammates  -sometimes blames teammates for errors  -sometimes takes responsibility for their errors  -sometimes concerned about team’s success | -often encourages teammates  -often stays positive  -often takes responsibility for their errors  -often focused on team’s success | -always encourages teammates  -stays positive no matter the situation  -always takes responsibility for their errors  -always focused on team’s success |  |
| Sports-manship | -is often a sore loser/winner  -often makes negative comments about opponent/team  -often argues with opponent/team  -is often dishonest  -often has a negative attitude | --sometimes is a sore loser/winner  -sometimes makes negative comments about opponent/team  -sometimes argues with opponent/team  -is sometimes dishonest  -sometimes has a negative attitude | -usually wins/loses with class  -usually ignores opponent’s comments  -usually honest about plays & encourages teammates to do the same  -usually has a positive attitude toward team & opponent | -always wins/loses with class  -ignores opponent’s comments  -always honest about plays and encourages teammates to do the same  -has a positive attitude toward team & opponent |  |
| Effort | -puts in very little effort | -sometimes puts forth effort | -usually puts forth effort | -always puts forth effort |  |
| Communi-cation | -rarely calls ball, calls the set they want, calls teammates on ball, calls “free” | -sometimes calls ball, calls the set they want, calls teammates on ball, calls “free” or “down” | -usually calls ball, calls the set they want, calls teammates on ball, calls “free”, “down”, identifies opponent’s hitters | -always calls ball, calls the set they want, calls teammates on ball, calls “free”, “down”, identifies opponent’s hitters, & anything else they see happening on the court |  |
| Coach-  ability | -rarely listens to coach  -usually argues with coach  -always makes excuses  -rarely asks for clarification | -sometimes listens to coach  -often argues with coach  -usually makes excuses  -sometimes asks for clarification | -usually listens to coach  -rarely argues with coach  -sometimes makes excuses  -usually asks for clarification | -always listens to coach  -never argues with coach  -never makes excuses  -always asks for clarification |  |

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| Defense | Offense | Athleticism | Attitude | Total |
| /4.0 | /4.0 | /4.0 | /4.0 | /4.0 |