

Tucson High Volleyball Rules and Expectations 2019-2020

Mission Statement/Goals

Our goal is to develop and maintain a winning boys' & girls' volleyball program at Tucson High Magnet School. Our athletes are expected to be academically proficient in the classroom and must maintain at least C's. We expect teamwork, determination, dedication, responsibility, integrity, sportsmanship, and self-discipline from our student-athletes both on the court and in the classroom.

Precautions

As with any sport there is a chance that your athlete will sustain injuries while playing volleyball. Sprained ankles, sprained knees, torn ACLs/MCLs, as well as bruises and court burns on knees/elbows/hips are all common volleyball injuries. To help prevent these injuries you can have your son wear knee pads, ankle braces, and spandex with hip pads. TUSD does not provide any of these items to the players because they are considered consumable goods and cannot be reused year after year.

Academics

All members of the THS volleyball programs are expected to maintain their eligibility throughout the school year, not just during the volleyball season. New this season, our athletes will be required to keep Cs in all their classes. Players must have Cs at the quarter and at the time that progress reports come out. If athletes do not have Cs then they will be ineligible until they can prove to the coaches that they have Cs. This can be done through StudentVue or a note from their teacher. If a student earns an F in a class they will be ineligible for 4.5 weeks. The only way to change this is for the teacher to tell the school registrar that they made a mistake on the student's grades.

If you become ineligible you are still expected to attend all practices and matches. You are still expected to perform the same responsibilities you would if you were eligible to play. Failure to show up to practices/matches will have consequences.

If you remain ineligible with F's after the 1st 4.5 weeks of being ineligible you will not be allowed to return to practices/games until you have at least a D in the class(es) that you had an F in.

How to Letter in Volleyball

At our end of the season awards banquet freshmen team members will receive their class numbers, JV players will receive a JV letter, and Varsity players will receive a Varsity letter **if:**

They have attended all practices during the 2018-2019 season and remained academically eligible to participate in matches for at least half the season.

If you practice with the team but are academically ineligible all season you will **not** earn a certificate, numbers, or a letter.

Mandatory Conference Period Attendance

All athletes must attend the mandatory conference period on **Fridays from 8-8:40 AM as well as Wednesdays from 2:00-3:00 PM. There is also a new Badger Power Hour attached to 2nd Period.** While in conference athletes are expected to study, complete homework, read, and listen to all THMS staff.

If athletes do not attend conference they will have the same consequences as not attending a practice. This will also include a reduction in playing time.

If athletes do not behave in conference they will have consequences at practice and it will also result in a reduction of playing time.

Planners

Planners are expected to be used on a daily basis. They will be checked weekly. Failure to get planners signed (at conference) will result in consequences at practice as well as a reduction in playing time.

Coachability

*“If you are not willing to learn no one can help you.
If you are determined to learn no one can stop you.”*

“Potential: It means nothing, if you do nothing with it.”

“Nothing will work unless you do.”

- John Wooden

Coachability (the ability to be coached) is essential to any athlete's development. The following is a list of characteristics coachable athletes possess. This was adapted from nflplayerengagement.com.

- ✓ **Hard Work** – Your coach will notice your work ethic as much as s/he notes your potential. Hard work indicates a desire to improve oneself and their team.

- ✓ **Discipline** – Inconsistency will hurt you on the court and break down your coach-player relationship (as well as the relationship you have with your teammates). Your coach/team need to know that you are committed. Don't waste their time by goofing around at practice.

- ✓ **Patience** – Be patient with yourself and with your teammates. That is what practice sessions are all about – growth is a day-to-day process. With each practice/game you learn more about yourself and your team. We are all looking for consistent growth, not instantaneous perfection.

- ✓ **Accountability** – Volleyball is a team sport. We all rely on each other in order to win. We all have responsibilities even when you are not playing the ball. Take responsibility for all of your actions and your team's actions. Yes, both.

- ✓ **Be Balanced** – While you are a student-athlete, it can't be all about volleyball and nothing else. Your coach needs you to take your studies seriously. Not only will you be ineligible if you don't, but you will be limiting your options for college and life. Be a good student and you will be a better athlete.

- ✓ **Be Open to Critique** – In order for your coach to do his or her job, you must be open to feedback, evaluation, assessment and always welcome any form of a critique of both your on and off-court actions. Any direction given to a player is meant to help them/the team become better athletes.

- ✓ **Be a Good Communicator and Listener** –These interaction skills will not only make you a better student-athlete but they will make you a better person. If you need clarification-ask. If you are not going to be at practice-communicate that. If a coach/teammate is speaking-listen to understand what is being said. **If you have questions-ask! Asking relevant questions indicates that you are eager to learn and want to be a better athlete.**

Absences & Tardies

If you are going to be absent or tardy to a practice/game/tournament you need to inform your coach as soon as possible. You need to tell them **before** the absence/tardiness occurs. Unexcused absences and tardies will have playing time & conditioning consequences. **We take daily attendance.**

Examples of Unexcused Absences or Tardies:

- Eating with friends
- Tuxedo fittings/pick-ups
- Not being ready to practice even though you're in the gym on-time
- Attending another sport's open gym
- Driver's license tests
- Quincenera practice
- Having homework/projects that need to be completed
- Work (unless given prior consent by a coach)
- Not having a ride

A combination of more than 5 *unexcused* absences/tardies to practices, games, or other team functions can result in removal from the girls' volleyball team. Unexcused tardies can also result in consequences at practice and reduced playing time in matches.

If you miss 3 practices because of being sick you will need to provide a doctor's note on the 4th absence. If you cannot provide a doctor's note, your absence will be marked as unexcused. (This will count toward your 5 unexcused absences/tardies.) Even though sickness is marked as an excused absence your playing time may be affected. When you miss practice you miss information that your teammates are learning. Missed practices affect the entire team during a match.

As a program we all rely on each other for certain things. We all have to be responsible and communicate when we are going to be tardy or absent.

Practice plans, setup responsibilities, and game plans are often obsolete if there are no shows & tardies.

If you are ineligible you are still expected to attend all practices and matches. You are still expected to perform the same responsibilities you would if you were eligible to play. Failure to show up to practices/matches will have consequences.

Practice

*“Practice does not make perfect.
Only perfect practice makes perfect.”*

-Vince Lombardi

*“Hard work (and technique) beats talent
when talent doesn't work hard.”*

“Success is rehearsed long before it suddenly appears.”

-Bryan Dodge

All athletes are expected to attend and put forth their best effort **every day** at practice. **Practice is where you improve your skills.** Games are where you are given the chance to put your skills into play.

- It is expected that every player arrives at least 15 minutes before the start of practice to help set up nets and count balls.
- If the nets are already raised then players should arrive 5 minutes before the start of practice to make sure balls are counted and their shoes are on.
- **All** players are expected to help setup & take down nets. If they do not know how to do this they need to ask a teammate.
- **If players have an IEP or 504 it is expected that they communicate this information to their coaches. Players are learning in the gym and if accommodations are needed we have to know about them.**

Playing Time

Playing time is **earned** through hard work, focus, and effort during practices. It is not earned during the game itself. If you don't work hard, listen, & stay focused in practice don't expect your coach or teammates to think you'll work hard, listen, & stay focused in matches.

Players are responsible for knowing the following for their assigned position:

- serve receive rotations and responsibilities
- service rotations and responsibilities
- defensive positions and responsibilities for an outside hit, middle hit, right side hit, and backrow attack
- freeball positions and responsibilities

If you have not **memorized** these things your playing time will be affected.

-Failure to be in the correct spot during service/serve receive will cause our opponent to earn "free" points.

-Failure to go to the correct spots on defense or offense can cause injuries to your teammates and opponents.

If you are not on the court during a match you are expected to be paying attention to the match and encouraging your teammates. You need to be focused on the game and cheering on your teammates. Many games are won because we cheer on our teammates and help them while they are playing. Sulking on the bench or socializing are not acceptable, are considered unsportsmanlike, & can result in reduced playing time.

It is important to note that in the sport of volleyball player substitutions do not work the same as with basketball, football, soccer, etc. In volleyball, players can only sub in for **ONE** position. Once a player has subbed into that position they cannot sub in for someone else. Athletes are also taught specific rotations and positions which will limit who they can sub in for. All athletes are **not** capable of playing all 6 spots on the court.

Questions About Playing Time

Coaches will tell players why they are not playing.

-If a player has a question about playing time they need to ask their coach why they didn't play.

-If a parent has a question about playing time they need to ask their player why they didn't play. Their player should know, if they don't they need to ask their coach,.

-Only after the player and coach have communicated should the parent approach the coach about playing time. If parents would like to talk to a

coach about playing time they need to do it at an appropriate time and not interfere with a coach's game time or practice responsibilities.

Home Games

"The secret of winning (football) games is working more as a team, less as individuals. I play not my 11 best, but my best 11."

- Knute Rockne

"Talent wins games, but teamwork and intelligence wins championships."

-Michael Jordan

All athletes are expected to be at every match that is played on game day. It is every athlete's job to support the other players within the boys' volleyball program.

Below are the times that each level is expected to report to home games:

- Freshmen-3:15 (game time at 4:00)
- JV-4:15 (game time at 5:00)
- Varsity-3:40 PM (game time at 6:00)

When athletes arrive to a match they need to check in with their coach. If athletes are going to be late they need to inform their coach.

Equipment Responsibilities

Listed below is what is expected from all athletes of each level:

- Freshmen athletes are in charge of setting up the net, putting up the referee stand, getting two carts of 15 balls and 3 game balls.
- JV & Varsity athletes need to help set up the snack bar before the freshmen game.
- After the Varsity match all THS Volleyball players will help take down the nets, put away all the equipment in the gym, & help clean up the snack bar.

Home Game Responsibilities

All athletes are expected to take turns doing each of the following jobs during the matches. While athletes are doing the jobs below they cannot have headphones in or cellphones out. **This is AIA policy and we can have match consequences (points given to the other team) if this is violated.**

- Varsity athletes will shag balls during freshmen warm-ups and call lines and do a 3 ball rotation during the freshmen games.
- Freshmen athletes will shag balls during JV warm-ups, 5 athletes will stay during the JV match to call lines and do a 3 ball rotation.
- JV athletes will shag balls during Varsity warm-ups, 5 athletes will stay to during the Varsity match to call lines and do 3 ball.
- Manager responsibilities will be determined based on how many managers are available each evening.

When warmup time is over the team shagging needs to collect all the balls that were being used and put them in the carts. They then need to count the balls & make sure one cart is put behind the bench of the home team and one bench is put behind the visiting bench. Before the Varsity match the balls need to be put away in the volleyball closet.

Three Ball Rotation & Line Judging

All athletes will be expected to help with three ball rotation and line judging during matches that they are not playing in. We will develop a schedule as soon as possible so that these responsibilities are shared equally among team members.

While athletes are doing these things they are not allowed to be on their cellphones, listen to music, or socialize with their friends. Players need to pay attention to what they're doing and be respectful of the match that is happening.

Away Games

All Athletes need to take the bus with the program to our opponent's school. The day before the match all athletes will be informed about the time that the bus is leaving the next day. All players need to promptly report to the bus on game day.

All athletes are expected to do the jobs listed below during away matches. While athletes are shagging they cannot have on sandals, nor headphones in or cellphones out. **This is an AIA policy and we can have match consequences (points given to the other team) if this is violated.**

- Varsity & JV athletes will shag balls during freshmen warm-ups.
- Freshmen & Varsity athletes will shag balls during JV warm-ups.
- JV & Freshmen athletes will shag balls during Varsity warm-ups.

- Managers-will shag balls during all warm-up times. They will help with taking stats in the Varsity match.

When warm-up time is over the team shagging needs to collect all the balls that were being used and put them in a cart. They then need to put them behind Tucson High's bench.

Sportsmanship

“What you are as a person is far more important than what you are as a basketball player.” – John Wooden

“Sportsmanship for me is when a guy walks off the court and you really can't tell whether he won or lost, when he carries himself with pride either way.”
– Jim Courier

As a member of the AIA all Tucson High School athletes are expected to pursue victory with honor. This means all players need to have integrity, be honest, treat officials, opponents, and coaches with respect, refrain from using profanity, exercise self-control (especially when frustrated), and follow the rules of volleyball. Athletes need to understand that while they are in public they are representing TUSD, Tucson High School, the boys volleyball program, and their families.

Yellow Cards

A yellow card is considered a warning in volleyball. This is an athlete's chance to fix their behavior and conduct themselves respectfully on the court. Depending on the situation there may be consequences associated with the yellow card.

Red Cards

A red card is volleyball's version of a technical foul. In most situations, before you receive a red card you must be given a yellow card.

If an athlete is given a red card by a referee they will immediately be removed from the game they are playing. It will be up to the discretion of the coaches if the athlete is to be returned to the match in the following game(s).

After the match the athlete will apologize to the referee and to other people involved in the earning of their red card (opponents, coaches, etc.).

Two Red Cards

If an athlete earns a second red card in a match they will be immediately asked to leave the game by the referee and will not be allowed to play in the following match (per THS and AIA rules). If this happens a parent meeting will occur with the AD, coaches, and athlete before the student is allowed to return to practice and games.

Social Media

All athletes need to think about what they post on any social media sites. If they post any unsportsmanlike, defamatory, or insulting remarks they may have playing time consequences. If athletes repeatedly are disrespectful online they will be removed from the THS girls' volleyball program.

Uniforms

All uniforms will be distributed before matches and then collected afterward. (We will wash them at THS in our laundry facility.) This means that athletes need to have clothes to change back into after our games. This is to help ensure our uniforms do not get lost, or are forgotten at home by athletes.

Dress Code

Athletes need to wear clothing to practice that allows them to easily move and function (basketball shorts, a t-shirt, and tennis shoes). Jeans, khakis, dress shirts, and street shoes are not appropriate practice wear.

On game days players are expected to wear a THS Volleyball shirt and jeans/shorts (without holes) or dress up. If your player chooses to dress up they need to make sure they stay within the THMS dress code.

If we are fundraising or attending functions as a team athletes are expected to wear a THS Volleyball shirt.

If we buy team shoes as a program then it will become part of your uniform. Therefore it is expected that you wear these shoes during games.

Transportation

Athletes may be picked up by their parent/guardian at an away game as long as the proper paperwork is filled out, on file in the Athletic Office, and given to the coach. A coach will need to physically see the parent before you take your player home from an away match.

Players are **NOT** allowed to be taken home by a friend at away games/tournaments. This is because coaches are legally liable for players while they are at away matches/tournaments.

Please be on time to pick up your player after practice/games. Coaches have to wait at school with players until their ride shows up to THS. If we have to consistently wait 20+ minutes with your athlete after a practice/game they will be removed from the team. If we have an away game your player will call you 10-15 minutes before the bus reaches campus.

Fundraising

Since all members of the THS Volleyball Program benefit from our fundraising, all athletes are expected to participate in (and show up to) fundraisers. A detailed list of who participates in fundraising is kept by the coaches. If all people benefit from the fundraising then all the players need to participate and pull their weight. The rules about dress code and absences/tardies apply to fundraisers (like carwashes).

If athletes choose to not participate in fundraising they will need to pay for their t-shirts, hotel rooms, tournament entry fees, meals, etc. Nothing will simply be given to them.

Community Service

Athletes are expected to participate in our community service activities. They are considered a practice and help positively promote THS volleyball in the community.

Team Captains

Each level will have 2-3 team captains. On the volleyball court a captain is viewed as an extension of the coach and often speaks to referees on behalf of the coach. Because of this, captains will be chosen by the coaches based on their ability to consistently follow the team policies in this document as well as their leadership qualities. A (Varsity) captain needs to be an exemplar to everyone in the THS volleyball program.

Captains may be asked to complete extra duties outside a normal player's responsibilities.

If a captain is chosen by the coaches and they choose to not follow team policies, they will no longer be a captain of their team.

Off-Season Workouts

One of the best times to master volleyball skills is during the off season. It is expected that all returning volleyball players participate in summer, fall, and preseason workouts. These workouts are an instrumental factor in our ability to build a winning program at Tucson High School. If you are not able to make it to these workouts you need to let your coaches know.

Club Volleyball

Another vital part of the off season is playing club volleyball. There are **many** clubs in Tucson that girls can play for but you have to make sure you play for a quality, established club. Any club will take your money not all of them will provide an experienced coach.

Club gives you the opportunity to play with other local girls around Tucson who are at their same skill level. These teams then compete against players from around the state of Arizona. There are also opportunities to play at a regional/national level during the summer months. Club does cost money because it is associated with USAV and often involves traveling. Monthly dues vary by club.

For more information please visit: THSvolleyball.com/club-volleyball1.html

Tucson High Magnet School Athletic/Activities Code of Conduct

The THMS Athletic/Activities Code of Conduct is for all members of Athletic Teams, Spirit/Cheer/Pom Squads, Marching 100, Team Managers, or Student Athletic Trainers. Participation in Athletic and Activities is an honor and a privilege not a right. It is our expectation that as a Student/Athlete at Tucson High Magnet School you commit to honoring this code of conduct.

Expectation of Student/Athletes

1. No member of any Athletic Team, Spirit/Cheer/Pom, Marching 100, Team Manager, or Student Athletic Trainer will use, possess, sell, or assist in any manner or be associated with any of the following:
 - a. Tobacco or any tobacco products including vaping.
 - b. Alcohol and/or drugs including paraphernalia.
 - c. Steroids and/or performance enhancing drugs.

2. No member of any Athletic Team, Spirit/Cheer/Pom, Marching 100, Team Manager, or Student Athletic Trainer will exhibit any behavior that is considered detrimental to his/her team or THMS. Some examples of inappropriate behavior may include, but are not limited to, illegal acts, sexual harassment, indecent exposure, insubordination, theft, vandalism, fighting, possession of a weapon, lying to school officials, falsifying information, hazing or bullying.

I, _____ pledge to abide by the expectations set forth in Badger Pride while participating in Interscholastic Activities at THMS. This includes during the school year, on all breaks and vacations. I will represent myself, family and THMS under these expectations at all times before, during and after competition and performances. I have read the TUSD GSRR and understand the consequences associated with violating TUSD Governing Board Policy. Furthermore, I understand and accept the following Administrative guidelines, procedures and consequences:

First Violation

Parent/Guardian and Student/Athlete mandatory meeting with Assistant Principal in charge of Athletics/Activities, Athletic Director and Head Coach/Director.

Two-week suspension from practice, competition and/or performance.

Second Violation

Parent/Guardian and Student/Athlete mandatory meeting with Principal, Assistant Principal in charge of Athletics/Activities, Athletic Director and Head Coach/Director.

Mandatory attendance in a counseling session pertaining to violation.

Suspended from team/club for the remainder of the current athletic season.

Third Violation

Parent/Guardian and Student/Athlete mandatory meeting with Principal, Assistant Principal in charge of Athletics/Activities, Athletic Director and Head Coach/Director.

Ineligible to participate in Athletics/Activities for the remainder of student's attendance at THMS.

Violation during Team Travel

If a first violation takes place during team travel, a second violation consequence will ensue. If a second violation takes place, a third violation will ensue.

Student Signature

Date

Parent/Guardian Signature

Date

Athletic/Activities Code of Conduct

CODE OF CONDUCT FOR PARENTS

If a parent has a concern with his/her student athlete, a set protocol should be followed in hopes of resolving the concern/issue. It should be noted that the selection of students to be a member of a school team is the prerogative of the school (mainly the coach). **Issues Not Appropriate To Discuss With Coaches: 1. Playing time. 2. Team strategy. 3. Play calling. 4. Other student-athletes.** The protocol which parents should follow in regards to resolving a concern/issue is as follows:

- Contact the coach
- If not satisfied, contact the school athletic director
- If not satisfied, contact the assistant principal for activities
- If not satisfied, contact the principal
- If not satisfied, contact the TUSD Interscholastic

We believe that interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. We also believe that the highest potential of sports is achieved when participants are committed to pursuing victory with honor according to the six core principals: trustworthiness, respect, responsibility, fairness, caring and good citizenship, (the "Six Pillars of Character"). This Code applies to all parents of student-athletes involved in interscholastic sports.

TRUSTWORTHINESS

Trustworthiness – be worthy of trust in all you do.

Integrity – live up to high ideals of ethics and sportsmanship; do what is right even when it's unpopular.

Honesty – live and act honorably, do not allow your student to lie, cheat, steal or engage in any other dishonest or un-sportsmanlike conduct.

Reliability-fulfill commitments do what you say you will do; be on time; when you tell your student you will attend an event, be sure to do so, pick them up from events at the appropriate times

RESPECT

Respect – treat people with respect all the time and require the same of your student.

Class – be gracious in victory and accept defeat with dignity; compliment extraordinary performances and show respect for all competitors.

Personal Conduct – refrain from profanity, disrespectful conduct, and the use of alcohol or tobacco in front of the student-athletes or other situations where your conduct could undermine your positive impact as a role model.

Respect Officials – treat contest officials with respect; do not complain about or argue with official calls or decisions during or after an athletic event.

Respect Coaches – treat coaches with respect at all times; recognize that they have team goals beyond those of your student. Do not shout instructions to players from the stands; let coach's coach.

RESPONSIBILITY

Importance of Education – stress that student-athletes are students first. Be honest with your student about the likelihood of getting an athletic scholarship or playing on a professional level.

Role-Modeling – Consistently exhibit good character and conduct yourself as a role model for your student.

Self-Control - Exercise self-control; do not fight or show excessive displays of anger or frustration. Have the strength to overcome the temptation to demean others.

Privilege to compete - Assure that you and your student understand that participation in interscholastic sports is a privilege, not a right, and that they are expected to represent their team, school and family with honor, on and off the field.

Healthy Lifestyle-Safeguard your health; do not use any illegal or unhealthy substances including alcohol, tobacco and drugs, practice good hygiene by helping wash your student's practice & game clothing if necessary.

FAIRNESS

Be Fair – treat all competitors fairly, be open-minded; always be willing to listen and learn

CARING

Encouragement - encourage our student regardless of their play; offer positive reinforcement.

Empathy – consider the needs and desires of our student's team mates in addition to your own; help promote the team concept by encouraging all team members, understanding that the coach is responsible for determining playing time.

CITIZENSHIP

Know the Rules – maintain a thorough knowledge of all applicable game and competition rules.

Consideration - clean up after yourself; do not litter

Tucson Unified School District
Athletic/Activities Code of Conduct
STUDENT CONDUCT & RESPONSIBILITIES

Students participating in school sports and extracurricular programs are expected to be positive role models for their student body. The various sports and extracurricular programs in the district are intended to promote growth, development, citizenship and social skills beyond the activity itself. Participation in athletic and activity programs is a privilege and the Tucson Unified School District is committed to honoring this code of conduct. As stated earlier, these rules apply 365 days, on or off school premises, and are not limited to school sponsored activities or sports.

1. Respect the rules of the school, its staff, teachers, coaches and administrators
2. Strive to preform to the best of your ability in the classroom
3. Support all school activities to the best of your ability
4. Promote sportsmanship and follow our school motto... **Be a good person, Be a good student, Be a good athlete**
5. Respect others and their property
6. The participant is expected to dress neatly and follow the team dress code on all trips and remain together with the group at all times
7. Attend all classes each day, conference periods and be on time for classes and conference periods
8. Be responsible for turning in all athletic equipment and uniforms immediately after the completion of any sport or dropping out of any sport
9. Know that the student is not allowed to transport any other students in their vehicle to a contest
10. Follow all TUSD transportation guidelines and conduct themselves with pride when traveling with the team
11. **If you have a reduced schedule, you will vacate the school in a timely manner after your last class**

The Athletic/Activities Code of Conduct is for all athletes, spirit line, band members, team managers, and student athletic trainers. Participation in athletic and activity programs is a privilege and the Tucson Unified School District is committed to honoring this code of conduct.

Expectation of student participant

1. No member of an athletic team, spirit line, band, team managers, or student athletic trainer will use, attempt to use, possess, sell, or assist any other student in the use of the following:
 - a. Tobacco/tobacco products/e-cigs
 - b. Alcohol and drugs (some examples may include, but are not limited to, transporting alcohol or drugs/drug paraphernalia in your car, consumption of alcohol, or any form of controlled substance/drugs/look-alike or substance representing drugs
 - c. Steroid or performance enhancing drugs
2. No member of an athletic team, spirit line, band, team managers, or student athletic trainer will exhibit any behavior/citizenship that is considered detrimental to his/her team or school. Some examples of inappropriate behavior may include, but are not limited to, illegal acts, insubordination, theft, vandalism, fighting, possession of a weapon, lying to school officials, falsifying information, sexual harassment, sexting, indecent exposure, public sexual indecency, hazing or bullying.

I pledge to refrain from the use of possession of drugs, alcohol or tobacco, and will abide by all training rules while participating in interscholastic activities at school for 365 days each year. I have read the TUSD and Tucson High Magnet School policy and understand that a violation on my behalf may jeopardize participation in interscholastic activities.

A student's eligibility for participation in various extracurricular school activities may be affected by the student's conduct. Student/athletes who violate school behavior expectations are subject to various disciplinary measures by their coach, the site athletic director, the assistant principal and the principal. The site assistant principal/or the principal make the final determination whether a student is dismissed from the team for inappropriate conduct.

Athletes and all extracurricular participants have the following conduct requirements to remain eligible:

- ❖ Conduct by the student during competitions is regulated by the rules and regulations of the Arizona Interscholastic Association and the Bylaws of the Section/Division and TUSD policies & regulations.
- ❖ A referral by itself may not be sufficient cause to suspend a student's participation in extracurricular activities/sports. However, depending on the nature of the infraction (severity, repetition, etc.), the coach/activity sponsor is expected to take appropriate action once they are advised of the incident(s).
- ❖ If a student has established a pattern of misconduct, regardless of whether or not suspensions were involved, the student is subject to being suspended by the assistant principal and/or principal, from all teams of which the student is a member.
- ❖ Any out-of-school suspension results in an automatic suspension from all teams/clubs/groups the student is a member of for the duration of the suspension. Not only is the student suspended from playing/participating, the student is also suspended from practices and organized activities this includes out of season work outs. (team workouts, meetings, matches, etc.)
- ❖ A student athlete who is suspended out of school and play during the season may be suspended from the team for that season.

Tucson High Girls' Volleyball Rules and Expectations 2019-2020

Players

I _____ have read the Tucson High Girls' Volleyball Rules and Expectations for 2018-2019. I understand that I need to follow the rules and procedures listed above.

I also understand that playing volleyball is not a right it is a privilege; failure to abide by the rules listed above or failure to complete assigned responsibilities will result in consequences and the limiting of playing time. Repeated failure to abide by team policies and expectations will result in removal from the team.

(Player Signature)

(Date)

Parents/Guardians

I/We _____ have read the Tucson High Girls' Volleyball Rules and Expectations for 2018-2019. I understand that my player needs to follow the rules and procedures listed above.

I also understand that playing volleyball is not a right it is a privilege. My player's failure to abide by the rules listed above or failure to complete assigned responsibilities will result in consequences and the limiting of playing time. Repeated failure to abide by team policies and expectations will result in removal from the team.

(Parent/Guardian Signature)

(Date)

(Parent/Guardian Signature)

(Date)