



# Volleyball Basics

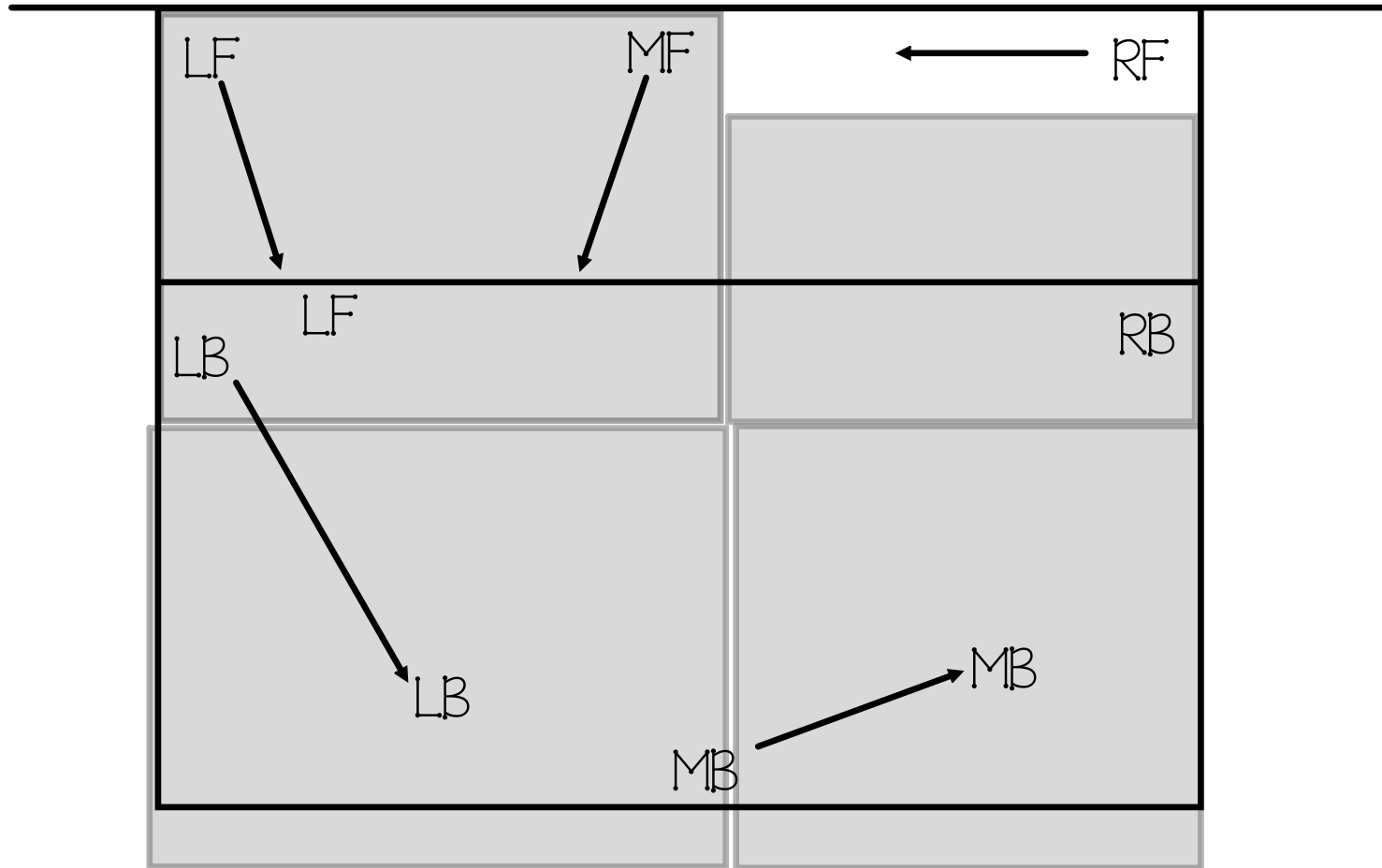
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"Base" - where you need to be when your opponent has the ball.



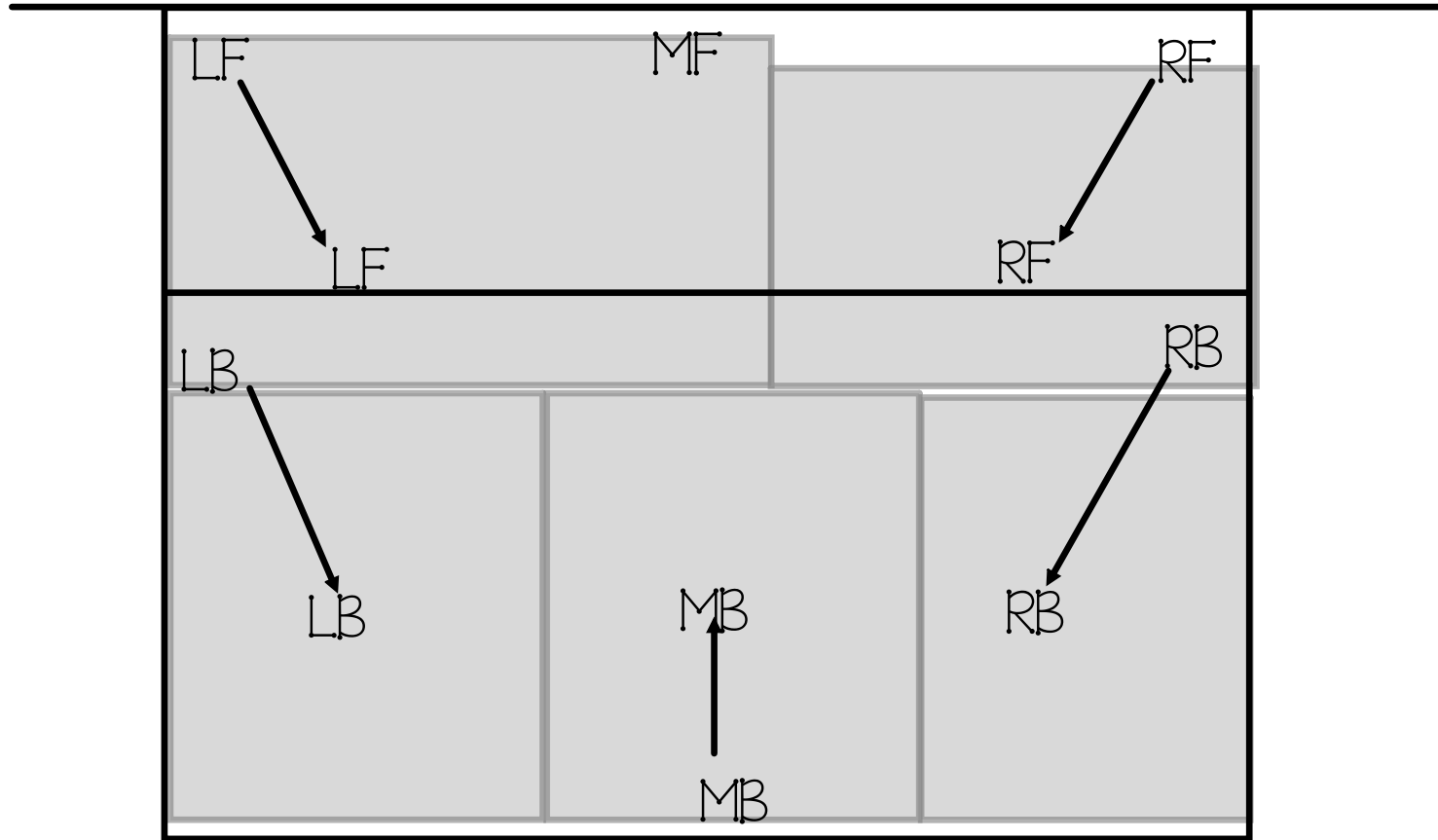
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"Free"-where you need to be when your opponent passes the ball over.

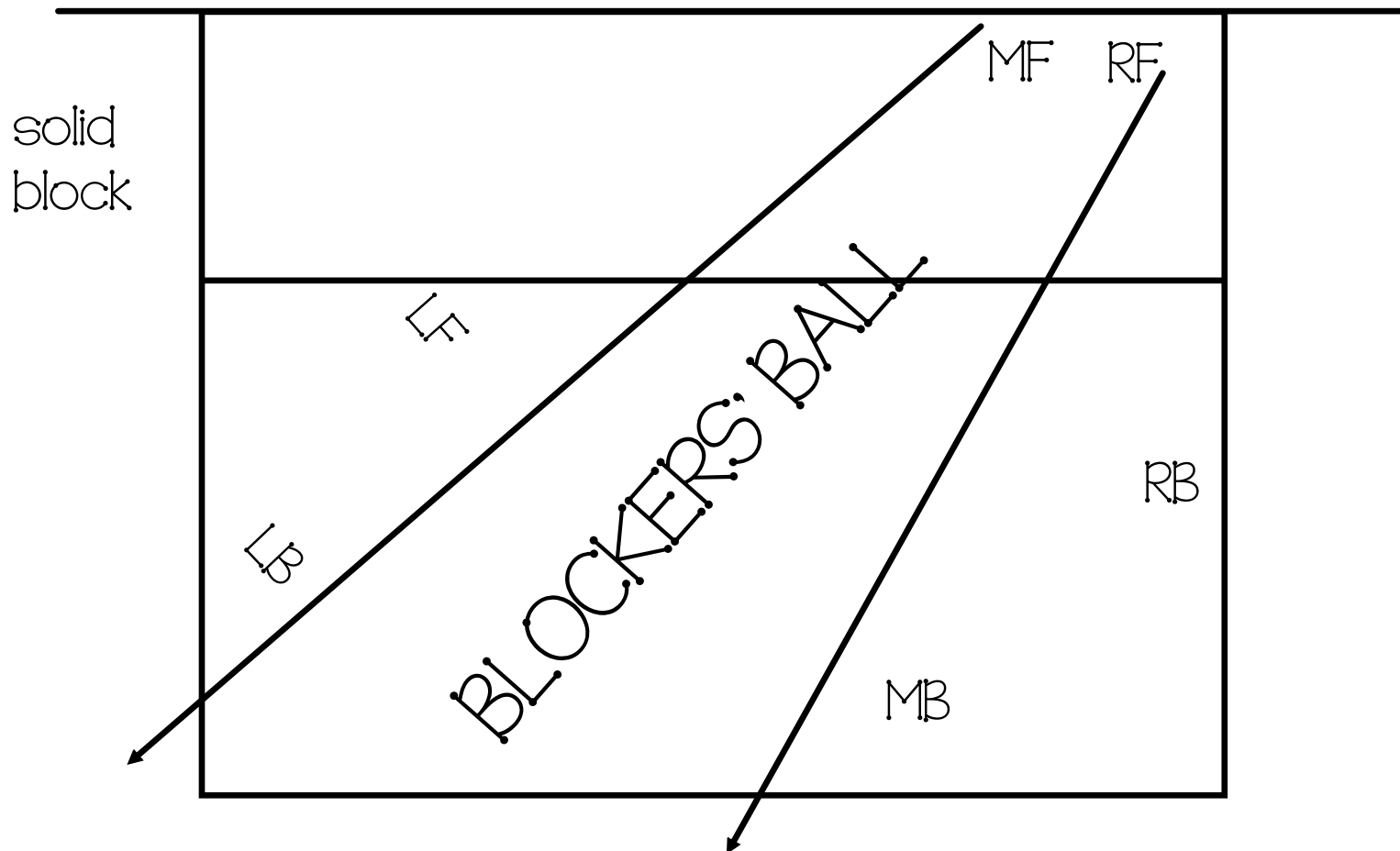


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"Down"-where you need to be when your opponent hits the ball from the back row.

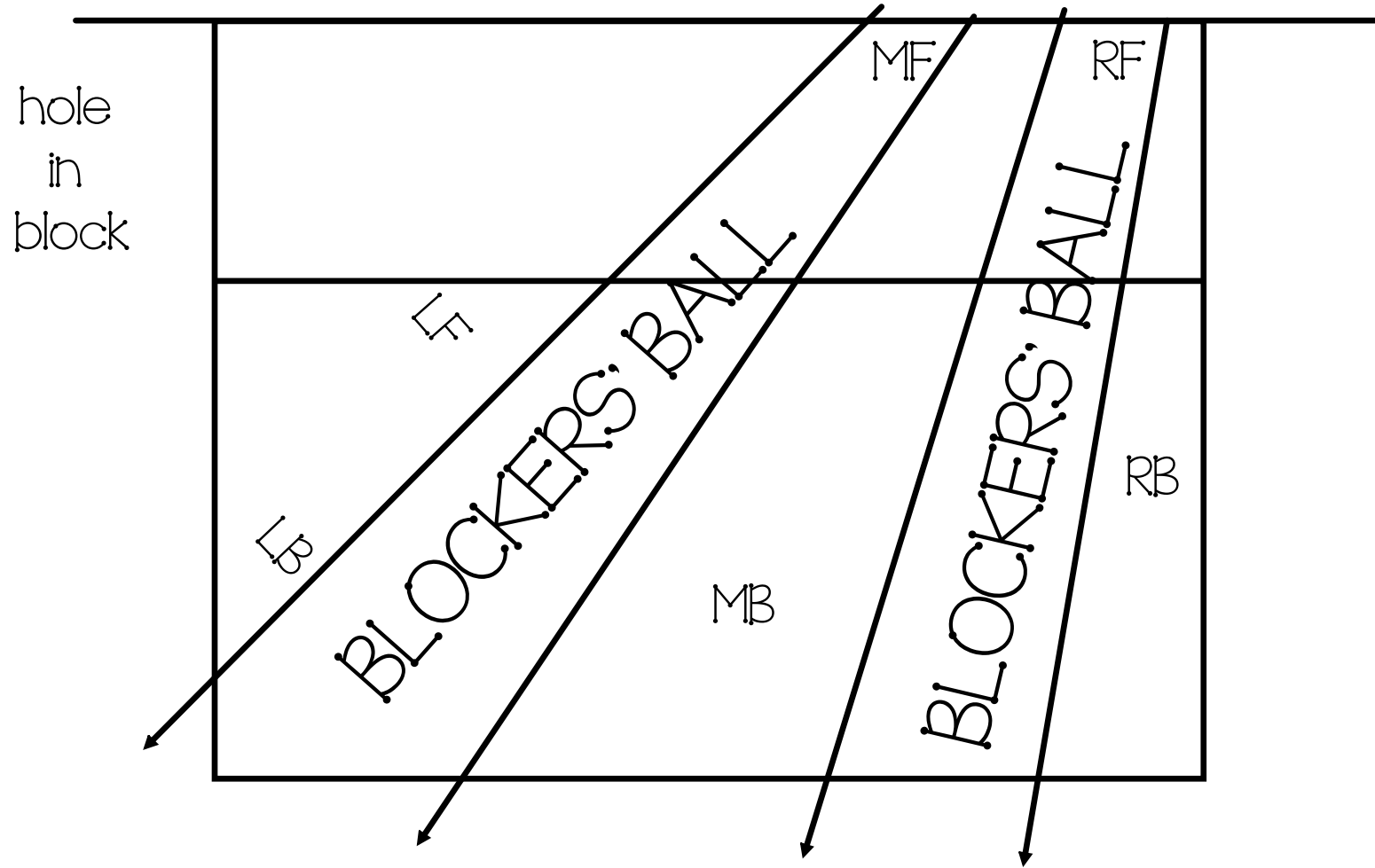


Outside Defense -where you need to be when your opponent hits a 4.



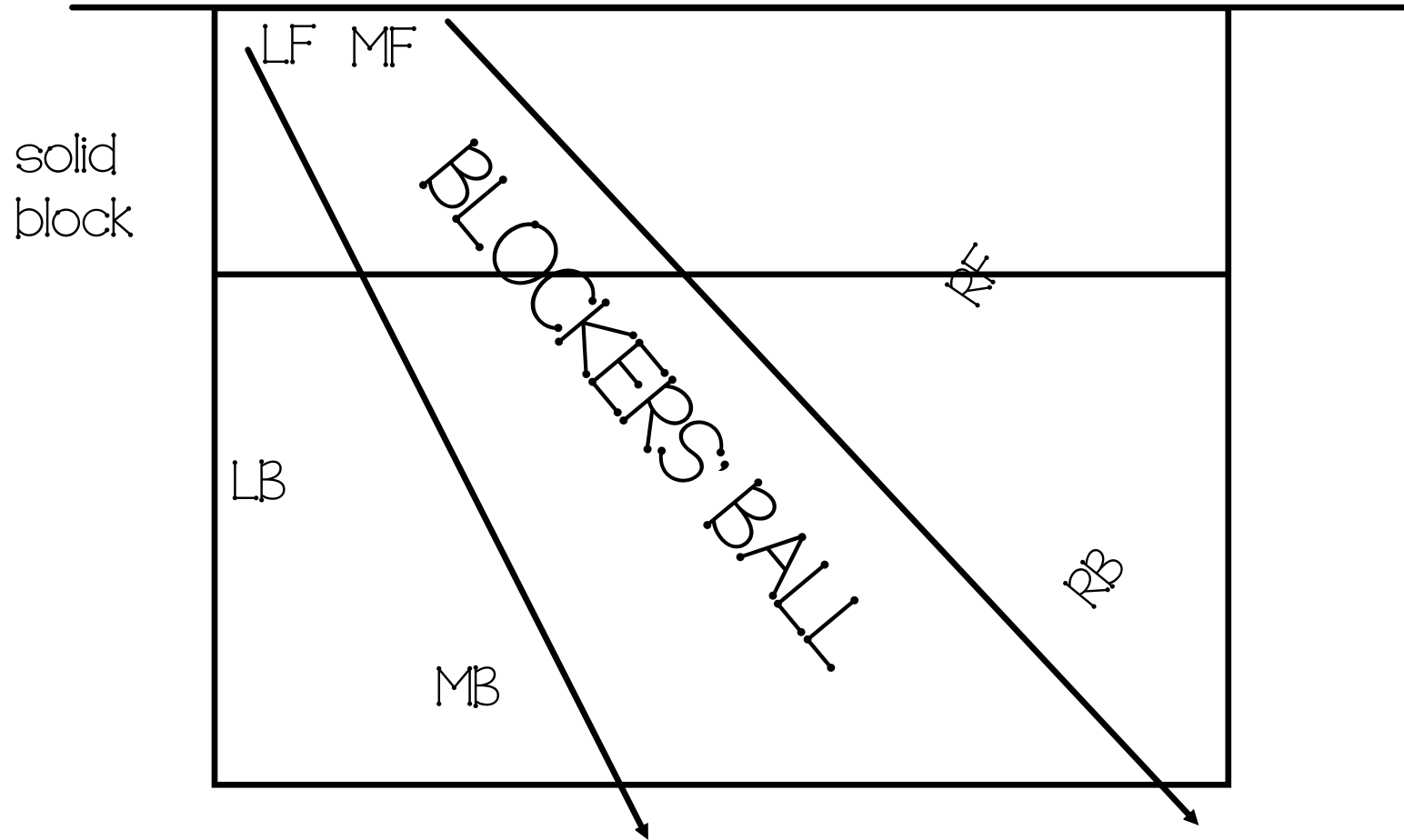
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Outside Defense -where you need to be when your opponent hits a 4.



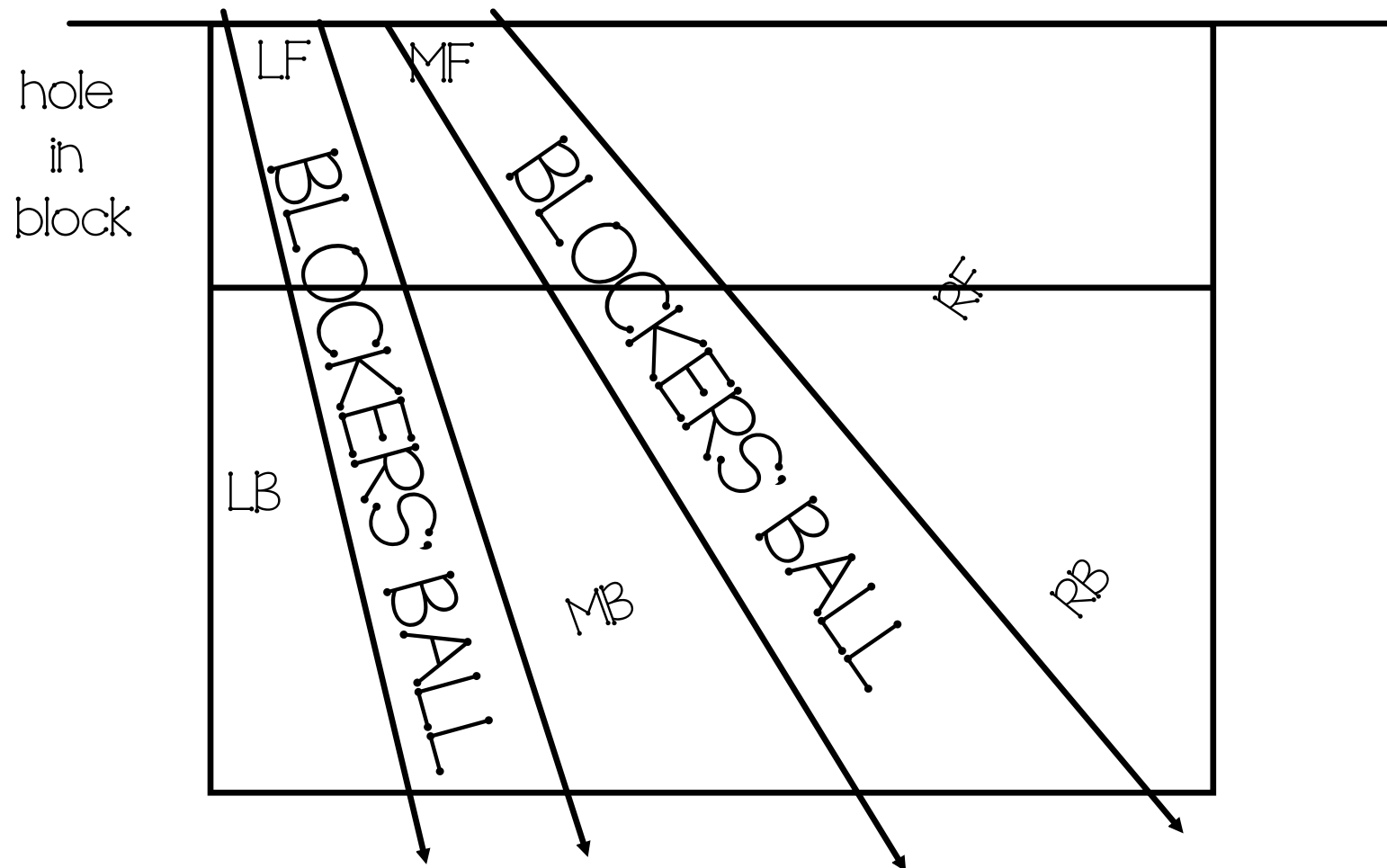
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Right-side Defense -where you need to be when your opponent hits a 5.



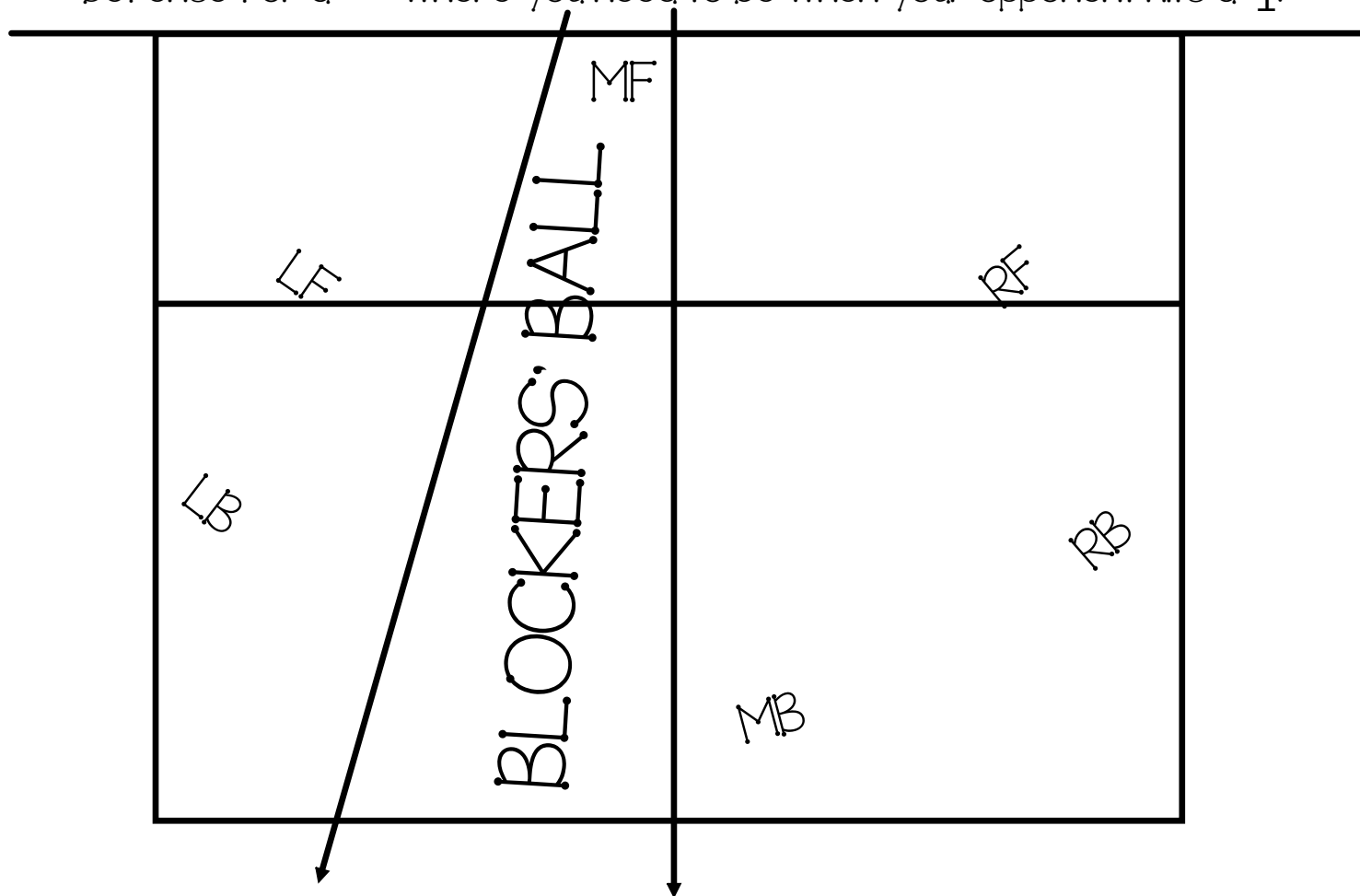
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Right-side Defense -where you need to be when your opponent hits a 5.



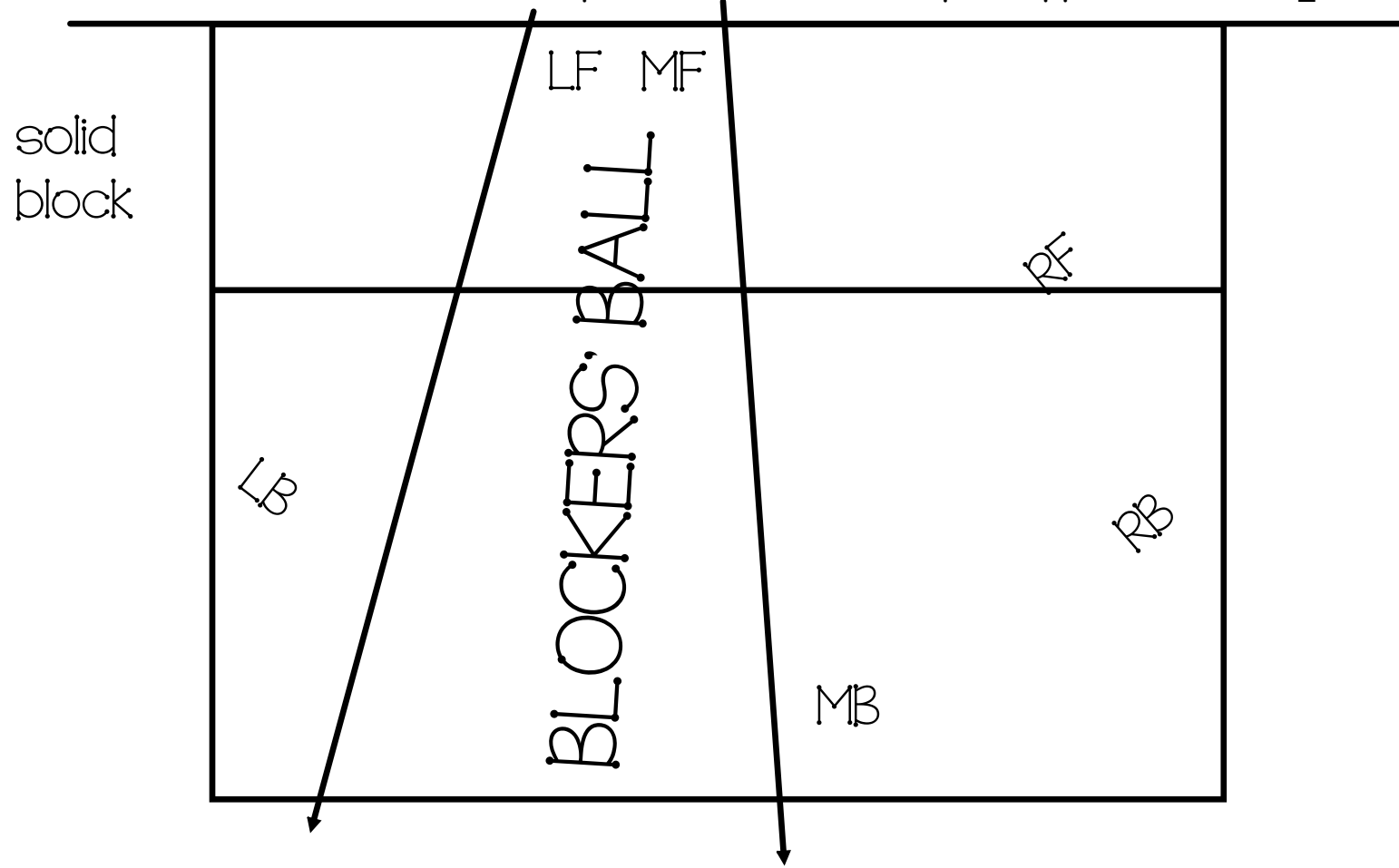


Defense for a "1"-where you need to be when your opponent hits a 1.



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Defense for a "1"-where you need to be when your opponent hits a 1.



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